



FRESH BEST: Dello Mano owner Bien Peralta, right, with customers at South Bank

Festival is au naturale

GOING ORGANIC
WORDS: LUKE ROYES

LOCAVORES ... EAT your hearts out!
South Bank's annual festival of fine local, organic food and wine is back on Saturday, bringing over 80 producers and growers from southeast Queensland to the city for Regional Flavours.

The schedule features cooking demonstrations from celebrity chefs, live entertainment and foodstuffs and wine from more than 80 southeast Queensland producers.

South Bank restaurateur Ben O'Donoghue will perform cooking demonstrations on the Gourmet Stage with MasterChef contestants Skye Craig and Sharnee Rawson.

■ See www.visitsouthbank.com.au.